

Senate Bill 530

- Senate Bill 530 mandates physical fitness assessment for students in grades 3-12.
- Beginning this spring CISD and all other school districts across Texas will begin a mandatory physical fitness assessment known as FITNESSGRAM for students in grades 3-12. Results of these student assessments must be reported to the Texas Education Agency.
- The assessment, which was introduced through Senate Bill 530 by Senator Jane Nelson, R-Flower Mound, is a new annual requirement.
- CISD will comply with the legislation as follows:
 - All students enrolled in physical education or athletics will be given the assessments during those class periods.
 - Campus staff members will work with students who are not enrolled in physical education or athletics to schedule a time for the assessment.
 - The following areas will be assessed per Texas Education Agency guidelines:
 - Aerobic capacity
 - Body composition
 - Muscular strength, endurance and flexibility
 - Results will be sent to parents at the end of the school year.

Frequently asked questions regarding the assessment are available via the web link below listed below

<http://www.fitnessgram.net/faqparents/>